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May 14th 1999

Director
Special Nutritionals
Center for Food Safety and Applied Nutrition
FDA
200 C Street S.W.
Washington, DC 20204



Dear Sir / Madam:

This is a 30-day notification for a dietary supplement. The product name is **Joint Effort**. The structure / function claims on all sizes and configurations of this product are identical. They are as follows:

Andrew Lessman's JOINT EFFORT formula is the culmination of over twenty years of work with nutrients, herbs and phytonutrients that support and maintain the health of joints.

The ingredients in **Joint Effort** are selected to provide the building blocks such as Glucosamine and MSM that allow your body to naturally support its joints in the face of the rigors of daily life. **Joint Effort** also combines important joint nutrients such as Manganese, Silica and Vitamin C, along with a unique blend of distinctive standardized herbs specifically targeting your overworked joints. Each of these herbal extracts, Curcumin, Boswellin, Ginger Root and Licorice Root have been used traditionally for centuries for their soothing properties.

Respectfully Submitted,

Rob Maltas

Director, Product Development

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